

SPA MENU



EXPERIENCE
THE ESSENCE OF
WELLNESS

IN BALANCE
SPA BY NOVOTEL



**BODY
MASSAGE**

AQUA MASSAGE	90 minutes	1,500
The signature massage from Aqua, has been specially crafted using a blend of massage oils, a fusion of massage techniques with a range of pressure from medium to firm. Leaves you feeling totally calm and deeply relaxed.		
AFTER SUN MASSAGE	60 / 90 minutes	1,200 / 1,500
This healing massage is perfect for sun-exposed skin and uses a blend of Aloe Vera and massage oils, rich in vitamins and minerals for soothing and cooling the skin.		
AROMATHERAPY MASSAGE	60 / 90 minutes	1,200 / 1,500
Slow rhythmic relaxing massage using aromatic oils to improve blood circulation and to release tension in muscles. Leave the world of care behind.		
DEEP TISSUE MASSAGE	60 / 90 minutes	1,200 / 1,500
This therapeutic massage involves deep pressure strokes focusing on specific areas such as neck, upper and lower back to relieve body tension and to restore normal movement.		
HERBAL HEALER OIL MASSAGE	90 minutes	1,500
Melt away the body ailments with our healing treatment. The hot compresses are ideal for alleviating pain, stiffness, soreness and backaches. The blend of traditional Thai herbs used in these compresses has a relaxing and invigorating effect on the body and mind while the full body massage soothes muscle tension and stiffness.		
THAI MASSAGE	60 / 90 minutes	900 / 1,200
An ancient traditional Thai Massage is a fusion of acupressure, energy work and stretching techniques. They reduce muscular tension, improve circulation, boost the immune system and keep both body and mind balanced.		
JUNIOR MASSAGE	60 minutes	600
Children suffer from little problems which are hardly noticed by others. They experience pain and stress in very much the same way adults do. Let your child discover the world of well-being. This massage provides comfort, relaxation, reduction of stress hormones, and improves quality of sleep and strengthens the immune system. (*Children from ages 6 to 12 must be accompanied by an adult)		

All prices are quoted in Thai Baht and are subjected to 10 % service charge and 7% VAT.

ON THE SPOT

30 minutes

FOOT MASSAGE

750

Relaxing foot massage is highly recommended for those with tired legs and feet. The massage aids in alleviating stress and boosting body circulation.

TENSION RELIEF MASSAGE (ENERGIZING)

750

An experience recommended for knotted and painful areas, especially over upper back, neck and shoulders. Our therapist will work to release tension and restriction on those areas.

INDIAN HEAD MASSAGE

750

Clear your mind with this massage to relax and remove fatigue caused by mental stress.

BODY SCRUB

45 minutes

COCONUT GINGER SCRUB

1,500

Coconut is a natural moisturizer while ginger is a gentle body exfoliating herb rich in vitamins, minerals and enzymes. Leaves you with a smooth and healthy skin.

COFFEE SCRUB

1,500

Rich in anti-oxidant and the aromatic scent of the coffee helps to relax your body and mind while honey moistures, softens and radiates the skin.

KAFFIR LIME & YOGURT SCRUB

1,500

Let the refreshing scent of the natural ingredients relax your body during the treatment and look forward to youthful and radiant skin.

OATMEAL HONEY SCRUB

1,500

Highly recommended for dry and mature skin as the oatmeal rich in vitamins and honey help to moisturize your skin.

BODY WRAP

45 minutes

WHITE MUD WRAP

1,500

Allow the clay's natural properties to eliminate the body toxins. The white mud is rich in minerals and nutrients, helps the skin to detoxify and stimulates the body to nourish the skin.

ALOE CUCUMBER WRAP

1,500

Excellent for sun burn or sensitive skin. Combination of Aloe Vera and cucumber will reduce redness and irritation to calm the skin.

OATMEAL HONEY WRAP

1,500

The combination of oatmeal and honey are perfect remedy for all the skin types. Softens the skin and nourishes after the treatment.

FACIAL

60 minutes

AQUA FACIAL

2,000

Refine the skin using natural cleansing and gentle exfoliation followed by face massage using finest honey and mask of fresh cucumber. Leave with your skin feeling soft and smooth.

MOISTURIZING FACIAL

2,300

Suitable for dry skin, increases hydration, clears unflattering breakout and removes skin irritation.

FIRMING FACIAL

2,300

Brings back the healthy skin. Blend of highly effective antioxidants. Increases firmness and elasticity while promoting the skin with long lasting hydration.

BALANCING FACIAL

2,300

Ideal for combination and oily skins types, to combat bacterial infections and to reduce the skin inflammation and irritation. They help in keeping skin clean and tightening up the pores.

SOOTHING FACIAL

2,300

Suitable for sensitive skin providing the greatest nutrition with camomile extracts, corn, oak and roots. They reduce the skin irritation and protect the skin from pollution. Makes your skin vibrant and radiant.

SPA PACKAGES

AQUA PACKAGE

180 minutes

5,000

Enjoy our wholesome spa experience. Starts with a steam bath to open the skin pores and makes it ready for oatmeal honey scrub. It's later followed by the signature Aqua massage, Aqua facial and complete the session with a milk bath. Leaves your body and mind enriched, relaxed and stress-free.

- Steam 15 minutes
- Aqua Massage 60 minutes
- Milk Bath 15 minutes
- Oatmeal Honey Body Scrub 30 minutes
- Aqua Facial 60 minutes

ROYAL SIAM PACKAGE

180 minutes

5,000

Discover ancient Thai remedies with an exquisite treatment. Pamper your skin with a fresh coconut scrub, white mud wrap and then complete your experience with Thai massage and a herbal bath.

- Coconut Ginger Scrub 30 minutes
- Herbal Heat Treatment 30 minutes
- Herbal Bath 15 minutes
- White Mud Wrap 45 minutes
- Thai Massage 60 minutes

PEACE PACKAGE

120 minutes

3,000

Start with a natural body scrub to exfoliate dead skin cells and prepare for a soothing wrap which moisturizes your skin leaving the skin glowing and radiant.

- Body Scrub 45 minutes
- Milk Bath 30 minutes
- Body Wrap 45 minutes

REJUVENATION PACKAGE

90 minutes

3,000

This treatment can be tailored to suit your individual requirements. Begin with a body scrub followed by the body massage. Enjoy a luxurious treatment, leaving your skin soft, smooth and relaxed.

- Choice of Body Scrub 30 minutes
- Choice of Body Massage 60 minutes

SPIRIT PACKAGE

90 minutes

2,000

A wonderful total relaxation package begins with full body massage of your choice followed by foot or head massage. Feel totally relaxed and unwind.

- Body Massage 60 minutes
- Foot massage or Indian Head massage 30 minutes

STEAM / SAUNA

30 minutes

500

MILK BATH

30 minutes

1,000

HERBAL BATH

30 minutes

1,000

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